

Chiltern - Australia - 26th May 2001

Welcome to my seventeenth, and first international newsletter, telling you about the Dr N. Petrovic protocol that cures CFIDS. He has cured over three hundred patients around the world since 1994. I wrote my last newsletter almost exactly a year ago when my wife and I were just about to take off on a three month tour of Australia. Our destination was Darwin where our daughter Sandra and her husband Greg live. We live on the southern edge of the continent and Darwin is on the northern edge so that it is a **long** trip. To make up for this we had beautiful summer weather and not a drop of rain all the time we were away. (It was FREEZING and very wet at home)

Their daughter Robyn, who is just about to become a teenager, was cured by Dr. Petrovic in 1997 when she was eight and a half. I am eternally grateful to Dr Petrovic that she is now living such a fulfilled life, and showing such great talent. She is very artistic with a wonderful command of words. An essay she wrote describing the tropical house her family lives in recently won her a place at her school's writer's camp.

Prior to becoming totally incapacitated and bedridden she won gymnastic prizes.

When we finally reached Darwin last year I was surprised to find that she was a great swimmer with a very graceful style. Her favourite event is the 200 metres and she is always producing a new personal best.

Gymnastics now has given away to dancing as you can see. Robyn is in the front.



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WHY AM I STILL WRITING NEWSLETTERS ?

I must say that this has been a question I often ask myself. The answer it appears to me, is that I have become addicted to the process of trying to have Dr Petrovic's knowledge accepted by the wider medical community.

Two years ago I did a six month's course of using Pagemaker, which is probably now the standard for desktop publishing. I think that newsletters 15 and 16 set a new level of credibility and I would say that probably eighty percent of prospective patients who read number sixteen ended up taking the protocol.

Unfortunately CFIDS is still a disease that carries a remarkable stigma and patients who do stumble across information about Dr Petrovic treat it, and him, with great suspicion.

I hope that, by continuing to give prospective patients information, I can give further evidence to our claims that this treatment really is effective, and that it has given new lives to so many people.

I intend that distribution will be very limited as it has the specific purpose of answering the needs of those patients who are still overwhelmed by the fact that a doctor does in fact have a viable treatment for their condition.

300 plus patients cured since Mrs E.Meyer in 1994.

Dr Petrovic's first successful patients were in his practice in Johannesburg, South Africa. In late 1996 he began treating people in America, Australia and the United Kingdom by sending the protocol to them by airmail courier.



Frustrating As a lay person who is in his fifth year of providing support and information to CFIDS patients I found it very annoying that the CFIDS Association of America is vigorously promoting the idea that the disease is caused by a malfunctioning brain. There have been many meetings and petitions demanding that it be called Myalgic Encephalitis, or M.E. I can understand perfectly the complete frustration that sufferers have with the medical profession which constantly tells sufferers that it is in the mind. I don't know who authorises name changes in cases like this, but the Atlanta Center for Disease Control has produced the guidelines that Dr Petrovic works by and the key symptom in all cases of the disease, which has many manifestations, is that of an impaired immune system. I have seen so many patients recover once Dr Petrovic has stabilised their liver functioning and immune systems that it is ludicrous to think that it is their brain which needs to be treated.



Spotlight on the newsletters

I have been having great fun looking over the remains of my newsletters that I have on my computer. As all fanatics will understand I have lost a great deal of data through computer crashes and upgrades.

MOST of my early ones can still be seen on the websites at this stage. I don't know for how long this will be though as the website is overdue for upgrading.

It is funny how you can become attached to something that you have created. In the early days I produced news letters quarterly and I named them after the seasons. I soon realised that if I were to continue the titles could become a bit boring. For my first AUTUMN I found a lovely picture of an tree which depicted this. I was devastated when I appeared to have lost the newsletter. In rummaging around in my CDs I have come across this photo which I THINK is the original.



When I began to assist Dr Petrovic I soon became aware that someone in England was doing the same thing. Emmylou Morey, from the Isle of Wight, lost most of her secondary schooling through severe CFIDS. She had to be assisted to walk into her doctor's surgery at one stage. While on holiday in South Africa with her parents they ran into a friend who said that their CFIDS had been cured by Dr Petrovic. It wasn't long before she too was cured and she started an association in England to promote his cure. I am sure that you will be very pleased to hear that she is soon to be married.

Another young lady from Hawaii responded to my question about how she was getting on (she is at university in Boston) with, " It is nice to know when I wake up in the morning with aching calf muscles that it is dancing until dawn that caused it and not M.E. "

That's a co-incidence

In trying to write this section logically I was thinking that telling you about an Australian, Phillip, would be a good idea.

Pagemaker 6.5 is a bit like an artist's palette. You write on the actual page that is going to be printed. You can have it at a size that suits you. I find that in a previous newsletter I have moved Phillip and his bride just to one side. Here goes, I will put him back !



My letter to the editor of our local newspaper, saying that a South African doctor had a cure for CFIDS, was published on Friday the 22nd of May 1997. By 8.00 a.m. Phillip's girlfriend had read the letter and phoned her prospective mother-in-law.

Medical opinion now is that Phillip was within two weeks of death at that stage. He went on to take the protocol and he and his girlfriend were married in November 1997. They now have two lovely young daughters and he swims many laps regularly in order to get back to the fitness he had as an Australian rules footballer.

By 1997 researchers at Newcastle University in Australia had developed a Urine test which showed 'pathological metabolites' in CFIDS patients. Professor Kilroe-Smith, a prominent bio-chemist, and Dr Petrovic began using these tests to chart changes in patients as they recovered. Dr Petrovic offered the researchers the opportunity to supervise a 'double-blind' test of his protocol with Australian patients . It will probably go down in medical history as a vital lost opportunity that they refused the offer.

Soon a Canadian doctor offered to supervise the treatment of a number of bedridden patients. I have testimonials from about eighty of Dr Petrovic's three hundred cures. I am loathe to select any testimonial in preference to another. I am just using this opportunity to record what I see as significant landmarks. One of these patients seemed to have the worst chance of survival of all the descriptions I have read. She was the wife of a Baptist minister with a number of children. What a thrill it was for us to see her gradually recover. To get out of bed. To go outside on trips. To resume life as a wife and mother. I seem to remember that she even got back to driving.

Managing to drive again is a really important milestone that figures in many testimonials.

I will record once more that I think the most dramatic case of a patient being cured by Dr Petrovic was that of South African, Penny Vincent. She was a teacher whose family had agreed that she should have a heart-lung transplant. At the last moment they learned about Dr Petrovic, and the rest, as they say, 'is history'.

Penny was a schoolteacher with an interest in drama. Within months of her recovery she won a prestigious drama award in South Africa.

I always try to bring you news of newly cured patients. One in America was kind enough to let me have a photograph taken before and after treatment. The 'before' shows the typical grayey-greenness of a CFIDS patient.

JOHNATHON ROBERTS - BEFORE !



JOHNATHON TO-DAY

Johnathon hoped to enter the medical field as a measure of thanks for Dr Petrovic curing him. I am awaiting a message to see how he is doing at present.

This is a real '**Stop Press**' item. I had this tiny bit of space left in the draft to tell you that the website HAS been upgraded. We may even be getting a 'mirror' site in Australia.

Supporting Patients It can be quite a stressful time for people with no medical training trying to lend support to patients. On the other hand it does have its moments.

The most satisfying times of course are when you can see that someone is going to get better. It is **GREAT** that this is happening with a patient not that far away from me at the moment. It is always a big boost to my determination when I receive another fantastic testimonial telling of a patient's relief at being given a second chance at life. The latest is called "Touched by an Angel" and it tells of Char Benson's [of Sioux Hills, Minnesota] recovery after her girlfriend's daughter Sarah started caring for her. Sarah looked on the internet at school and found the testimonials on Dr Petrovic's website. Char wrote, "Put your 'Faith in God' and allow God to work in you through the hands of Dr. Petrovic. He is the answer to my prayers. I truly believe that this happened to me for a reason. I have been touching the lives of others who have been struggling with this for years and giving them the "hope" that they have longed for in tackling this debilitating disease. Thank you Dr. Petrovic for the knowledge and strength that you have touched me with." You may talk to Char if you ring 1-320-234-7183.

This is my fifth year of having this type of experience. I think that you will be able to see why it is that I think that it is so worthwhile joining the fight against incredible odds to try to make the medical world see that CFIDS is **not** the incurable disease that it is portrayed to be.

Idealism For those of you who have seen my early newsletters on the websites you will have seen that I was driven by idealism. I formed an association of patients in Australia who I hoped would all be linked by the fellowship of being cured by Dr Petrovic. I even envisaged an annual dinner at which newly cured patients would be inducted. Maybe this shows my lack of knowledge about human behaviour, but at least it shows why I undertook this somewhat crazy task.

It amazes me that finally a network of cured patients, and patients under treatment, **IS** establishing itself. A patient from Australia has recently visited another in America. The American patient in turn has plans to visit England to see cured patients, and some undergoing treatment. Surely as this network grows stronger it will be impossible for conventional medicine to suppress information about the Dr Petrovic's success in fighting the disease.

The comradeship that is evident through these visits was chiefly brought about by the modern wonder of electronic communication. It seems to me that in Australia at least it is unusual if you do NOT have an e-mail address. We are having friends and relations of eighty suddenly appearing in cyberspace.

I am very grateful that my work has brought me into touch with Pete [and family !], in England, who is undergoing the later stages of the treatment. I regard him now as a very great friend. Who knows, we may one day all be members of an International Association of Petrovic supporters.

Enthusiasm for Clipart It was probably at the end of 1997 that I bought my first Pentium computer. I really went mad with the Christmas edition, sprinkling Christmassy art everywhere. I think that it was in this edition that I used my first photograph. Nowadays I mostly use digital photos but this was a photo that Dr Petrovic sent me that I scanned. (Another great luxury at the time).



Dr Petrovic Gary Winn Emmylou Morey

This photo was taken when Dr Petrovic went to England to visit Emmylou, Gary, and prospective patients. Last year Professor Professor Kilroe-Smith published the results of his survey of 49 patients in the U.K.

Dr Smith confirmed what we in the field had suspected for a long time. Many patients required a long time for the beneficial effects to show themselves and a number of factors inhibit the protocol. Dr Petrovic found from his Canadian experience that a copper compound stopped it dead in its tracks. Here is a brief summary of Dr Smith's report.

The purpose of the survey was to confirm previous findings that the regimen was effective, and to see whether the results were affected by extraneous factors. In addition, a revised, more stringent, criterion was used to define recovery. **In previous studies**, recovery was defined as the time taken for the patient to feel very much better than before the treatment. This was found to be **unsatisfactory**, since many patients tended to stop further treatment as soon as they felt relatively better. The result was that these patients never fully recovered to a state of normalcy, and tended to relapse as soon as they started to overdo their energy expenditure. It is advised that the full 9 months course should be slavishly followed by all patients to ensure complete recovery to a normal state. In addition it is essential that **NO** other ingredients be added to the protocol during this period. As experience has shown that these all have a detrimental effect on the regimen..

In this survey only the effect of antidepressants on the recovery was considered, and the data examined statistically. In future other factors will be investigated as well.

The following additional factors need to be considered:-

1. Smoking
2. Other medication such as analgesics for headaches or pain. anti-clotting agents such as aspirin or warfarin, sleeping pills, contraceptive pills, etc..
3. Alcohol consumption (Alcohol is known to produce free radicals in the liver)
4. Use of any psychedelic drugs
5. Amount of caffeine used.



RESULTS

Considering all 49 patients we get the following results:-

Gender.

There were 24 male and 25 female patients. This was different from previous surveys where there was a preponderance of females. From the statistics, it is suspected that one patient out of the 49 was mis-diagnosed and was not suffering from CFIDS at all. She was nevertheless included in the statistical study, in absence of proof of the conjecture.

Ages.

These ranged from 18 to 73 years. Average = 38.6 and s.d. = 13.6

Years of Suffering

This time is recorded as the time since the patient was diagnosed by an independent medical practitioner. The times ranged from 1 to 36 years. (Obviously the latter was from hindsight because the disease was not officially recognized before 1993 as a disease entity, but was considered a psychosomatic malady.) Average = 8.8 S.D. = 7.7 s.e.m. = 1.1

It is important to note that the disease has been recognized as such since at least 1993. However, many medical practitioners still regard it as largely psychosomatic and treat it as such. The Australians however, have shown it to be a set of at least seven different organic diseases, which can be differentiated by different excretory patterns of mainly organic acids in the urine. They have also diagnosed at least seven different disorders all called CFIDS by a study of lipids in blood and also lipids excreted in faeces. They have not yet shown a correlation between the urinary profiles and the lipid profiles so it is not yet known if there are only seven types or more.

This state of affairs makes it very difficult to design a cure for the syndrome since it can be expected that each disease would require a different treatment. Nevertheless a very effective treatment appears to have been devised by Dr Petrovic in South Africa which has been tried on a very large number of patients all over the world with phenomenal success.